



## BeneFIT Bars Oatmeal Raisin 2.5 oz

MANUFACTURER'S PRODUCT CODE: **40400**

# Nutrition Facts

Serving Size 1 bar(71g)  
Serving Per Container 1

### Amount Per Serving

Calories 290 Calories from Fat 80

	% Daily Value*
<b>Total Fat</b> 9g	<b>14%</b>
Saturated Fat 3g	<b>16%</b>
Trans Fat 0g	
<b>Cholesterol</b> 15mg	<b>5%</b>
<b>Sodium</b> 180mg	<b>8%</b>
<b>Total Carbohydrates</b> 47g	<b>16%</b>
Dietary Fiber 3g	<b>12%</b>
Sugars 21g	
<b>Protein</b> 4g	
<b>Vitamin A</b>	0%
<b>Vitamin C</b>	0%
<b>Calcium</b>	2%
<b>Iron</b>	10%

\* Percent Daily Values are based on a 2000 calorie diet.  
Your daily value may be higher or lower depending on your calorie needs.

	Calories	2200	2700
Total Fat	Less than	120g	180g
Saturated Fat	Less than	25g	65g
Cholesterol	Less than	50mg	70mg
Sodium	Less than	10mg	15mg
Potassium	Less than	0mg	0mg
Total Carbohydrate		200g	270g
Dietary		33g	76g

## Storage/ Handling:

Keep Frozen (0° F or below). Shelf life up to eighteen months when unopened and stored properly. When thawed at ambient temperature, shelf life is one week. When stored in refrigerated temperature, shelf life is 6 weeks.

## Preparation Instruction:

1. Thaw and serve. 2. Place wrapped frozen product into a heated holding cabinet at approximately 150-160 degrees F. Frozen product will need 1 hour to become fully heated in the heating unit. Product will stay fresh 3 hours in the unit.

## Ingredients:

Whole wheat flour, enriched flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), sugar, raisins, interesterified soybean oil, oats, eggs, cinnamon drops (sugar, cocoa butter, whole milk, cinnamon, powdered sugar, soy lecithin, vanilla), invert syrup, canola oil, molasses, whey, baking soda, natural flavor, cream of tartar, inulin, xanthan gum, salt, spice.

## Allergen Information:

Contains: Eggs, Milk, Soy Beans, Wheat

## Kosher Type:

OU - DAIRY

## Child Nutrition Statement:

The listed serving size contains 33.72g creditable grains of which 20.58g are whole grains. This provides 2 servings of breads/grains under the Child Nutrition Program using the 16g calculator.

## Product Specifications:

UPC	SCC/GTIN	Case	Pack
073321404000	10073221404007	1	48

Case Dimensions					
Case Length	Case Width	Case Height	Case Cube	Net Weight (Lbs)	Gross Weight (Lbs)
12.6875	7.3125	9.125	0.49	7.5	9

Pallet Dimensions		
Pallet Tier	Pallet High	Pallet Count
20	7	140

I certify that the nutritional information contained on this page is true and correct.

Kathleen Wong  
Research and Development Director

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